APPENDIX 1
Student Survey: Name-Calling & Verbal Bullying

INSTRUCTIONS:

Please help to make your school a safer place by answering the following questions about bullying. There are no right or wrong answers. We want to know what you really think about the way things are at your school. Your answers will be kept confidential—no one will know your name or how you have answered the questions below.

This survey is mostly about name-calling and verbal bullying, which refers to unwanted and hurtful words. Name-calling and verbal bullying is often done on purpose, but in some cases may be unintentional. The survey also asks some questions about bullying in general, which includes name-calling as well as other types of unwanted behavior, such as inappropriate touching, hitting, and threats. The survey asks about your experiences at school, which includes what happens on the way to and from school.

ABOUT YOU

Age: ____________________________   Grade: _____________________________
Sex: ___ Male   ___ Female   ___ Other: ___________________________________
Race/Ethnicity: _________________________________________________________
Religion: ______________________________________________________________
Do you have a disability? (If so, describe): ________________________________

BULLYING AT SCHOOL

1. What is your experience with name-calling or verbal bullying at school (during any school year)?
   I have experienced bullying: ___ frequently ___ sometimes ___ hardly ever ___ never
   I have witnessed bullying: ___ frequently ___ sometimes ___ hardly ever ___ never
   I have carried out bullying: ___ frequently ___ sometimes ___ hardly ever ___ never

2. During which grade(s) or school year(s) has name-calling or verbal bullying been the greatest problem [check all that apply]?
   ___ 4th Grade   ___ 5th Grade   ___ 6th Grade
   ___ 7th Grade   ___ 8th Grade   ___ 9th Grade

3. What has your experience been with teasing or name-calling at school in the past month?
   I have experienced it: ___ never ___ 1-2 times ___ 3-4 times ___ more than 4 times
   I have witnessed it: ___ never ___ 1-2 times ___ 3-4 times ___ more than 4 times
   I have carried it out: ___ never ___ 1-2 times ___ 3-4 times ___ more than 4 times
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4. How often has someone said something cruel to others at school in the past month?
   I have experienced it: ___ never ___ 1-2 times ___ 3-4 times ___ more than 4 times
   I have witnessed it: ___ never ___ 1-2 times ___ 3-4 times ___ more than 4 times
   I have carried it out: ___ never ___ 1-2 times ___ 3-4 times ___ more than 4 times

5. How often has someone been threatened or verbally intimidated at school in the past month?
   I have experienced it: ___ never ___ 1-2 times ___ 3-4 times ___ more than 4 times
   I have witnessed it: ___ never ___ 1-2 times ___ 3-4 times ___ more than 4 times
   I have carried it out: ___ never ___ 1-2 times ___ 3-4 times ___ more than 4 times

6. How often have negative rumors, gossip or secrets been told about someone at school in the past month?
   I have experienced it: ___ never ___ 1-2 times ___ 3-4 times ___ more than 4 times
   I have witnessed it: ___ never ___ 1-2 times ___ 3-4 times ___ more than 4 times
   I have carried it out: ___ never ___ 1-2 times ___ 3-4 times ___ more than 4 times

7. If name-calling or verbal bullying has taken place, check each item below that reflects the type of comment you heard.
   ___ Names based on race or ethnicity
   ___ Names based on religion
   ___ Names based on sexual orientation
   ___ Names based on how “masculine” or feminine” students appear or behave
   ___ Names based on body size or shape (height, weight, etc.)
   ___ Names based on clothing worn
   ___ Names based on level of physical attractiveness
   ___ Names based on intelligence
   ___ Names based on physical ability
   ___ Names based on who one’s friends are or how someone “fits in” socially
   ___ Names based on family structure or about family members
   ___ Curses and other generally hostile or mean comments
   ___ Other (please list):

   ______________________________________________________

8. How often has name-calling been accompanied or followed by being touched in an inappropriate way at school in the past month?
   I have experienced it: ___ never ___ 1-2 times ___ 3-4 times ___ more than 4 times
   I have witnessed it: ___ never ___ 1-2 times ___ 3-4 times ___ more than 4 times
   I have carried it out: ___ never ___ 1-2 times ___ 3-4 times ___ more than 4 times

9. How often has name-calling been accompanied or followed by physical bullying (being hit, kicked, punched, tripped, etc.) at school in the past month?
   I have experienced it: ___ never ___ 1-2 times ___ 3-4 times ___ more than 4 times
   I have witnessed it: ___ never ___ 1-2 times ___ 3-4 times ___ more than 4 times
   I have carried it out: ___ never ___ 1-2 times ___ 3-4 times ___ more than 4 times
10. How often has someone been left out of activities or have others refused to play/socialize with someone at school in the past month?

<table>
<thead>
<tr>
<th></th>
<th>The bullying I experienced was carried out by:</th>
<th>The bullying I witnessed was carried out by:</th>
<th>The bullying I carried out was done to:</th>
</tr>
</thead>
<tbody>
<tr>
<td>I have experienced it:</td>
<td>___ never ___ 1-2 times ___ 3-4 times ___ more than 4 times</td>
<td></td>
<td></td>
</tr>
<tr>
<td>I have witnessed it:</td>
<td>___ never ___ 1-2 times ___ 3-4 times ___ more than 4 times</td>
<td></td>
<td></td>
</tr>
<tr>
<td>I have carried it out:</td>
<td>___ never ___ 1-2 times ___ 3-4 times ___ more than 4 times</td>
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</tbody>
</table>

11. Who has carried out the bullying that you have described above? (Check all that apply).

- Boys
- Girls
- Younger Students
- Older Students
- Students the same age
- Larger/stronger students
- Smaller/weaker students
- Students the same size
- Students of the same race/ethnicity
- Students of a different race/ethnicity
- No bullying took place

12. In the past month, name-calling or verbal bullying has taken place in the following places (Check all that apply):

<table>
<thead>
<tr>
<th></th>
<th>I experienced bullying…</th>
<th>I witnessed bullying…</th>
<th>I carried out bullying…</th>
</tr>
</thead>
<tbody>
<tr>
<td>In the playground</td>
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<tr>
<td>In the classroom</td>
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<td></td>
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<tr>
<td>In the lunchroom</td>
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<td></td>
<td></td>
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<tr>
<td>In the hallways</td>
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<td></td>
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<tr>
<td>In the gym/locker room</td>
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<tr>
<td>Walking/traveling to or from school</td>
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<td></td>
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<tr>
<td>Other places (please list):</td>
<td>1.</td>
<td>2.</td>
<td>3.</td>
</tr>
</tbody>
</table>
**RESPONSE TO BULLYING**

13. When name-calling or bullying occurred, what was the student’s response (check all that apply)?

<table>
<thead>
<tr>
<th>When I experienced bullying, I...</th>
<th>When I witnessed bullying, the person who was bullied...</th>
</tr>
</thead>
<tbody>
<tr>
<td>Ignored the bullying</td>
<td></td>
</tr>
<tr>
<td>Tried to avoid the situation</td>
<td></td>
</tr>
<tr>
<td>Walked away from or left the situation</td>
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<tr>
<td>Verbally told the person who bullied to stop</td>
<td></td>
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<tr>
<td>Used insulting or teasing words back at the person who bullied</td>
<td></td>
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<tr>
<td>Hit or physically reacted to the person who bullied</td>
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<tr>
<td>Cried or expressed fear in another way</td>
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<tr>
<td>Got support from a friend</td>
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<tr>
<td>Told a teacher or adult at school</td>
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<tr>
<td>Told a parent or family member</td>
<td></td>
</tr>
<tr>
<td>Told no one or did nothing</td>
<td></td>
</tr>
<tr>
<td>Other (please list):</td>
<td></td>
</tr>
<tr>
<td>1.</td>
<td></td>
</tr>
<tr>
<td>2.</td>
<td></td>
</tr>
<tr>
<td>3.</td>
<td></td>
</tr>
</tbody>
</table>

14. If bullying took place, how well did the adults at school handle it?

- ___ Poorly  ___ Okay  ___ Well  ___ Bullying was ignored or not dealt with at all
- ___ Adults did not know about the bullying  ___ No bullying took place
- ___ Other:
  __________________________________________________________________________________________

15. What did the adults at school do in response to bullying (check all that apply)?

- ___ Put a stop to the bullying
- ___ Reprimanded or scolded the person who bullied
- ___ Punished the person who bullied
- ___ Contacted the parents or family of the person who bullied
- ___ Provided support or comfort to the person who was bullied
- ___ Helped the person who was bullied to avoid or respond to future bullying situations
- ___ Contacted the parents or family of the person who was bullied
- ___ Talked to the class or taught lessons about bullying
- ___ Adults ignored or did nothing about bullying
- ___ Adults did not know about the bullying
- ___ No bullying took place
- ___ Other:
  __________________________________________________________________________________________
16. Overall, how would you rate the efforts of adults at your school to prevent students from picking on one another?
   ___ very good    ___ good    ___ poor    ___ don't know

17. Overall, how would you rate the efforts of adults to make your school a safe place in which to learn?
   ___ very good    ___ good    ___ poor    ___ don't know

18. Overall, I believe there is a problem with bullying at my school.
   ___ agree very much    ___ agree    ___ disagree    ___ disagree very much

ATTITUDES ABOUT BULLYING

19. Most teasing I see is done in fun, not to hurt people.
   ___ agree very much    ___ agree    ___ disagree    ___ disagree very much

20. Most students who get bullied bring it on themselves.
   ___ agree very much    ___ agree    ___ disagree    ___ disagree very much

21. Bullying helps people by teaching them what is important to the group.
   ___ agree very much    ___ agree    ___ disagree    ___ disagree very much

22. Bullying helps people by making them tougher.
   ___ agree very much    ___ agree    ___ disagree    ___ disagree very much

23. Some things that I would like to see adults in my school do about bullying:

24. Some things that I would like to see other students do (or stop doing):

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25. Other things I have to say about bullying at school:

____________________________________________________________________

____________________________________________________________________

____________________________________________________________________

____________________________________________________________________